

**Betty Douglass Retires as Shepherd's
Center Board Chair**



It is difficult to say enough about Betty Douglass' contributions to SCMAFC over her eight years as a volunteer. Like most other volunteers she began as a driver for clients and continues to do so. But by her second year she was asked to join the Board of Directors where she has served until retiring from this role in December. During her years on the Board Betty served in a number of capacities and in her final three as its Chair. Her substantial time investment and work ethic have been recognized and admired by fellow Board members, clients, volunteers, members of community organizations, and by other Shepherd's Centers. As Board chair she has worked tirelessly to

increase volunteer and client membership, and to improve Board management and organization. Last year Betty led the Center through the Covid-19 pandemic, ensuring that services to clients were able to continue with minimal impact to them and to volunteer drivers. This included for the first time the addition of Center-funded taxi rides for clients and donations of Center-acquired face masks to clients living in the Lewinsville Retirement Residences, Chesterbrook Residences, and The Fallstead, along with all clients and volunteers who requested them.

We will miss Betty's leadership but are pleased to know that she will continue to play a role in the Center's activities.

**Covid-19 Vaccination Pre-Registration
(as of 1 Feb 2021)**

Fairfax & Falls Church

703-324-7404 or online

<https://www.fairfaxcounty.gov/health/novel-coronavirus/vaccine/registration>

Arlington

703-228-7999 or online

<https://survey.alchemer.com/s3/6134527/Arlington-COVID-19-Vax-Pregistration-Priority-Groups>

Volunteer Appreciation, Suellen Skocki

The Board recognized Suellen Skocki for her outstanding contributions during the year. She works for the McLean Baptist Church and is pictured receiving a poinsettia as thanks for her efforts to print the quarterly Center newsletters and other correspondence.



Ride Statistics for 2020

In 2020 SCMAFC provided 1958 rides for 94 clients by 76 volunteer drivers -- fulfilling 96% of those requested. Rides decreased by 23% compared with those in 2019, no doubt the result of the closure of doctors' offices due to the pandemic. Of the rides:

- 1005 for medical or dental appointments
- 247 for physical therapy or psychotherapy
- 447 for grocery shopping
- 30 for handy helpers
- 163 for friendly calls until late summer when all friendly calls were contracted to LetsConnect.

Our volunteers reported they drove about 13,500 miles and devoted over 1,450 hours to meet client needs.

During the year 23 new volunteer drivers were added to help satisfy the needs of 34 new clients.

Shepherd's Center of America 2020 Report

- ◇ 56 community-based affiliates in 17 states
 - ◇ 55,000 services to older adults at no cost
 - ◇ 100,000 lifelong learning for older adults
 - ◇ 13,000 volunteers in the national network
 - ◇ 660,000 volunteer hours each year
- \$17,952,000 assessed value of annual services

Arlington, Fairfax & Falls Church Food Assistance Programs

Arlington [703-845-8486](tel:703-845-8486) or
arlingtonva.us/covid-19/food-assistance/

Fairfax [703-324-4600](tel:703-324-4600) or
fairfaxcounty.gov/results?q=food%20distribution/

Falls Church [703-248-5005](tel:703-248-5005) or
fallschurchva.gov/681/Housing-Human-Services



"The Biden administration will resume efforts to replace President Andrew Jackson's image on the \$20 bill with famed abolitionist Harriet Tubman," according to the White House press secretary and a Treasury Department spokesperson.

According to Reuters, "Tubman will become the first Black person on the face of American paper currency and the first woman in generations; Martha Washington appeared on a \$1 bill in the 1890s, and Pocahontas was in a group picture on the \$20 bill in the 1860s."

Washington Post, Jan. 25, 2021

Bob Schulze, Featured Volunteer



Bob Schulze retired in December after 10 years as a Shepherd's Center volunteer driver. He indicated that given he will celebrate his 92nd birthday in April he felt it

was about time to give his Volkswagen a rest, despite the fact that he considered himself a good and careful driver. Between 2016 and 2019 Bob averaged 45 rides per year and, as for most other drivers, this number was reduced as the demand for rides dropped with the advent of the pandemic.

Bob indicates that he thoroughly enjoyed volunteering as a driver and meeting the Center's clients, feeling much satisfaction at performing an important service to the community. Center founder Ed Schrock invited Bob to serve on the Board when it was initially formed. After three years he resumed driving fulltime and in 2018 was named volunteer of the year.

Bob graduated from the Naval Academy in 1952 and then served a 26-year career as a Navy pilot. He logged 4,500 hours in Lockheed Neptune and Orion land-based patrol aircraft, flying missions in the United States, Japan, Taiwan, Spain, Bermuda, and Newfoundland. Following his government career Bob worked as a consultant to the Navy and then for the Minerals Management Service, an organization that monitors the use of oil spill products. His 1991 update of an initial 1987 catalog of products continues to be updated and used by governments and state agencies involved in oil spill response operations.

Bob is married to Mimi Gronlund, also known well to many Center volunteers. They met and married 10 years ago following the deaths of their spouses and they live in McLean. Together they have seven daughters and ten grandchildren. Bob's grandson is a Marine who served in Afghanistan and Iraq and his granddaughter is an Air Force Major serving in the nurse corps.

The Center's clients, many of whom Bob has come to know well, and volunteers are most appreciative of his long-standing service and wish him the best in the years to come.



Lockheed Neptune



Lockheed Orion

Board Changes at the Close of 2020

- Betty Douglass resigned as Board Chairman to spend more time with her family.
- Michael Lerner, Vice Chairman, began serving as Acting Chairman until a replacement is identified.
- Christine Sheehy withdrew from the Shepherd's Center to pursue other volunteer work.
- Jan Gordon assumed Christine's role as Chairman of the Client Advocacy Committee.
- Loren Monroe withdrew as Chairman of the Communications Committee to devote more time to his fulltime job and has been replaced by Vice-Chairman Carrie Le.



shepherd's center

OF MCLEAN-ARLINGTON-FALLS CHURCH

1205 Dolley Madison Boulevard
McLean, VA 22101-3109

SHEPHERD'S HERALD — Winter 2021

The Shepherd's Center invites you to follow our Facebook page by "liking" <https://www.facebook.com/SCMAFC> and the website <http://www.scmafc.org/>

Boulevard Consulting Group Volunteers

Associate Kashni Sharma of The Boulevard Consulting Group, a Native American-owned IT- company based in Arlington, contacted the Center through its website to volunteer yard work for the Center's clients. Dave Hagigh facilitated the offer by arranging work on a sunny day in December at the homes of Paulina O'Connell and Joanne Caldwell, both long-time Center clients.



Thanks to the faith groups that support our services

- Faith Lutheran Church, Arlington
- Immanuel Presbyterian Church, McLean
- Lewinsville Presbyterian Church, McLean
- Lutheran Church of the Redeemer, McLean
- McLean Baptist Church, McLean
- Memorial Baptist Church, Arlington
- Our Lady Queen of Peace Catholic Church, Arlington
- Saint Agnes Catholic Church, Arlington
- Saint Katherine Greek Orthodox Church, Falls Church
- Saint Luke Roman Catholic Church, McLean
- Saint Luke Serbian Eastern Orthodox Church, McLean
- The Falls Church Episcopal, Falls Church
- Trinity United Methodist Church, McLean
- Women of Temple Rodef Shalom, Falls Church

SCMAFC Board of Directors

- Chairman (vacant)
- Michael Lerner - Vice-Chairman/Acting Chair
- Tom Callanen - Newsletter Editor
- Bob Clark - Treasurer & Finance Chair
- Carol Edelstein - Secretary & Community Outreach Chair
- Jan Gordon - Client Advocacy Chair
- Dave Hagigh - Volunteer Recruitment Chair
- Mary Highsmith - Transportation Chair
- Sherry Joslin - New Client Assessment & Volunteer Event Co-Chair
- Carrie Le - Communications Chair

Shepherd's Center thanks the McLean Baptist Church for printing this Newsletter

Shepherd's Center of McLean-Arlington-Falls Church is a nonprofit 501c(3) licensed in Virginia. Donations may be made to SCMAFC, 1205 Dolley Madison Blvd, McLean, VA 22101. The Center can be contacted through its Website www.SCMAFC.org, by email to info@scmafc.org, on Facebook at SCMAFC, or by phone at 703-506-2199.