

**SHEPHERD'S HERALD: Volume 8, Issue 2 — Spring 2022**

**The 2021 Ed Schrock Volunteer of the Year Award \***

The Shepherd's Center of McLean-Arlington-Falls Church is pleased to announce Betty Douglass as its 2021 volunteer of the year. Betty began driving for the Center in 2013 and remains an active driver today. Over the years, she has performed in many roles in the organization including Secretary and Chair of the Board of Directors, Ride Coordinator, Volunteer Appreciation Committee member, and Nominations Committee Chair. Although Betty stepped down from the Board at the end of 2020, in 2021 alone she drove over 432 miles providing 82 rides. And, in 2022 she continues to be among the "high drivers".



Betty has lived in northern Virginia since her family moved from Texas when she was a teen. Beginning in 1980 she and her husband Bruce made Falls Church their permanent residence. Betty received an undergraduate degree from William and Mary followed by a masters in sociology from Duke University. Betty for almost 20 years held the position of Executive Director for the Association for Gerontology in Higher Education at Johns Hopkins University. She subsequently served for 11 years as the Director of Admissions in the Graduate School at the University of Maryland, Baltimore County. This was followed by a special project for American University until her retirement in 2011, permitting her to devote more time volunteering at her church, Lewinsville Presbyterian in McLean.

Carrie

In 2013 Betty volunteered her services to the Shepherd's Center and has worked tirelessly to help the organization provide transportation and other services to area older adults. As Board Chair she provided strong leadership during the challenges of the pandemic to assure services were continued. We are grateful to Betty for her continued dedication to our organization and for her many contributions. In between the many hours Betty continues to devote each week to the Center, we hope she and her husband are reserving time to enjoy their son and daughter, each of whom has two children – all live in the area. Our warm wishes and congratulations Betty!

*Carol Edelstein, Secretary*

*\* The annual award is named for Edward Lee Schrock. He founded the Center in 2006 after retiring as a U.S. Naval officer, serving as a Virginia State Senator, and finally as a member of the U.S. House of Representatives.*

### David Smith, Featured Volunteer

Our Shepherd's Center is very pleased to have David as one of our most active volunteer drivers. He joined in early 2021, and has volunteered

over 116 hours driving almost 1,200 miles since then. In recent years David's principal volunteer activity has been with the Northern Virginia



Long Term Care Ombudsman program, one that was federally mandated in 1965 to advocate high quality long-term care for residents of nursing homes and assisted living facilities. The program covers over 1,340 facilities with 6 professional staff supported by 35 trained volunteers, including David. He felt he was able to volunteer with us last year as care facilities began limiting access for non-essential personnel due to Covid restrictions. David is also an IRS certified volunteer in Fairfax County's Volunteer Income Tax Assistance (VITA) program that provides free tax preparation services for low-income families. David and his family have lived in McLean since 1993 and before that in Vienna. He retired from the MITRE Corporation in 2019. His wife Patricia retired about the same time from the Treasury Department and their son currently is the assistant general manager of a local Equinox Fitness Club. Both David and Patricia went to graduate school in Massachusetts, he at MIT and she at Boston University, before moving to the Washington, DC area. The two met in college when their respective glee clubs together toured a number of South American countries one summer.

Tom Callanen, Board Chair

### Catharina Johnson, Featured Client

In this issue, we are delighted to introduce Catharina Johnson. She is a long-time subscriber to this Shepherd's Center's newsletter, and now is one of our newest riders having received her very first ride in February.

Catharina was born in the Netherlands and came to the United States when she was 24. In the late 1950s she made Falls Church her home.

As one of our nonagenarians Catharina is active, energetic and someone on the go. She swims regularly and routinely mows her lawn. She also loves to go to the theater and does so often -- both as a theatergoer and a volunteer. She volunteers as an usher at Studio Theatre, Arena Stage, and the Washington Stage Guild, among other area theaters. She also makes good use of her long-time subscription to the Kennedy Center. The Hamilton musical is one of her favorites.

*Carolyn Jeskey, Client Advocate*

### In Memoriam, Client Lynn Santmire

The Center is sad to report that one of our clients, Lynn Santmire, passed away on March 24<sup>th</sup> of cancer. Over the past 2 1/2 years our volunteers had become friends with her as they drove her to various appointments, including the day before she died. She was a long-time resident of Falls Church and is survived by two daughters and a sister, plus two grandchildren and numerous nieces and nephews.



### 1<sup>st</sup> Quarter Ride Statistics

	<u>Jan</u>	<u>Feb</u>	<u>Mar</u>	<u>2022</u>	<u>2021</u>
<b>Total Rides</b>	<b>178</b>	<b>222</b>	<b>225</b>	<b>625</b>	<b>374</b>
Medical	124	137	146	407	237
Dental	4	12	8	24	10
Therapy	8	26	32	66	31
Grocery Shopping	40	40	38	118	88
Handy Helper	2	2	1	5	2
Client Interviews	0	5	0	5	6

**The Center is Most Grateful to the Following Individuals and Organizations  
for Their Generous Donations in 2021**

Janet Auerbach	Robert Batky	Margerie Brogue
Diane Brown	Tom Callanen	Daisy Camacho
Ines Chamorro	Kim Chapman	Robert Clark
Jay Clevenson	Rosalind Cohen	Sandra Crowley
Mary Currier	John Davis	Rosalie Donnelly
Carol Donovan	Betty Douglass	Carol Edelstein
Linda Falimy	Jeanne Flatkin	Judy Gallagher
Marlene Gargiulo	Peggy Eades	Tor Eide
Ute Ettinger-Mekhail	Paul Fermoile	Anita Freidenreich
David Hagigh	Don Hagigh	Gloria Harrison
Maya Huber	Eileen Jackson	Sherry Joslin
Victoria Kane	Sarah Jane Knight	Lynda Adair Langley
Michael Lerner	Julianne K Lexcen	Gloria Liberatore
Nicole Lucarelli	Kleia Luckner	Pat Matheson
Louis Mauro	Doris McDiffett	James Milton
Barbara O'Brien	Mary Owens	Ronnie Precup
Jeanne Rorke	Suzy Rothschild	Abby Snell Sandling
Marilyn Santmire	Heather Shelton	David Smith
Mark Turco	Paul Wasik	Elizabeth Welch

**Churches & Synagogues**

Lewinsville Presbyterian Church  
Lutheran Church of the Redeemer  
McLean Baptist Church  
Memorial Baptist Church  
St. Katherines Greek Orthodox Church  
St. Katherine's Philoptochos Society  
Women of Temple Rodef Shalom

**Organizations & Restaurants**

Ada and Albert Wibel Foundation, Wilson, NC  
Original Pancake House, Falls Church  
The Falls Church Endowment Fund, Inc  
The Lewinsville Coalition, McLean

*Jay Clevenson, Treasurer*



## shepherd's center

OF MCLEAN-ARLINGTON-FALLS CHURCH

1205 Dolley Madison Boulevard

McLean, VA 22101-3109

### **SHEPHERD'S HERALD: Volume 8, Issue 2 — Spring 2022**

The Shepherd's Center invites you to follow our Facebook page by "liking"  
<https://www.facebook.com/SCMAFC> as well as visiting our website <http://scmafc.org/>

#### **Ride Coordinators**

Mary Highsmith, Chair  
Irv Auerbach  
Valerie Azores  
Beth Caldwell  
Betty Douglass  
Jan Gordon  
Mark Turco

#### **Recent Client Thank You Notes**

**Liz McRaney:** You are an inspiration to all. Your kindness is the blossom which springs from my spirit. You touch us with caring, service, and humility.

**Maura Bouillot:** I truly and deeply appreciate everything you have done by providing assistance preparing my tax returns.

**Terry Lim:** My daughter Grace and I extend a heartfelt thank you for helping her move to my retirement residence where she will be able to provide me with daily support. We are truly awed by your generosity and quick response to our request.

#### **SCMAFC Board of Directors**

Tom Callanen - Chair  
Carrie Le - Vice-Chair & Communications Chair  
Carol Edelstein - Secretary & Community Outreach & Volunteer Appreciation Chair  
Jay Clevenson - Treasurer & Finance Chair  
Dave Hagigh - Volunteer Recruitment Chair  
Mary Highsmith - Transportation Chair  
Michael Lerner - Client Assessment Acting Chair  
Carolyn Jeskey - Client Assessment Deputy Chair  
Mark Turco—Audit Committee Chair  
Tom Callanen — Acting Newsletter Editor

**Special thanks to Suellen Skocki of the McLean Baptist Church for printing the Center's newsletters.**

Shepherd's Center of McLean-Arlington-Falls Church is a nonprofit 501c(3), licensed in Virginia. Donations may be mailed to SCMAFC, 1205 Dolley Madison Blvd, McLean, VA 22101. The Center can be contacted by phone at 703-506-2199, through its Website [www.SCMAFC.org](http://www.SCMAFC.org), by email to [info@scmafc.org](mailto:info@scmafc.org), or Facebook at [SCMAFC](https://www.facebook.com/SCMAFC).